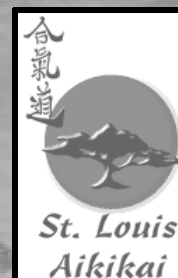


**St. Louis Aikikai In Friendship With Aikido Doshinokai
Is Pleased To Invite You To A Friendship Seminar Featuring
Haruo Matsuoka, 5th Dan
March 18 – 20, St. Louis, Missouri**



St. Louis Aikikai is pleased to welcome Haruo Matsuoka, 5th Dan, to St. Louis, Missouri on March 18th through the 20th for a friendship seminar open to all interested martial artists.

Matsuoka Sensei currently trains under the direction of Master Seiseki Abe Sensei (10th Dan), one of the closest and highest ranking disciples of O-Sensei, the founder of Aikido.

For more than twenty years, Matsuoka Sensei was one of the highest-ranking disciples of Master Steven Seagal (7th Dan) and served as Chief Instructor of his Los Angeles-based Tenshin Dojo from 1989 until 1997 whereafter he returned to Japan. He returned to Southern California in 1999 and currently serves as Chief Instructor of Ikazuchi Dojo, Chief Instructor of the UCI Aikido program, and Chief Instructor of his Doshinokai organization in Los Angeles. Matsuoka Sensei also leads Aikido seminars around the world.

Aikidoka of all skill levels and any affiliation are welcome. Special rates on hotel accommodations are available.

Friday, March 18, 2005		Saturday, March 19, 2005		Sunday, March 20, 2005	
6:30 pm	Reception, participant registration	10:00 am	Training	10:00 am	Training
7:00 pm	Training	12:00 pm	Lunch Break	12:00 pm	Seminar Ends
8:30 pm	Brief Q&A	1:30 pm	Training		
9:00 pm	Instructor's dinner; open to instructors and yudancha	3:30 pm	Short Break		
		3:45 pm	Weapons Training		
		4:45 pm	Session Ends		
		7:00 pm	Friendship Dinner: open to all participants.		

\$75.00 for the whole seminar, \$25.00 per session.

**For more information see the St. Louis Aikikai website at www.stlouisaikikai.org
or contact Andrew Ishmael (314-220-8705) or Dr. Pat Feder (314-341-2850)**

Email: seminar@stlouisaikikai.org